



# Sara Bayat, DPT

I earned my Bachelor's degree in Biology from the University of California, Irvine, and my Doctorate in Physical Therapy from the University of St. Augustine in San Marcos. My passion for staying active has always guided my life and career, and I continue to enjoy spending time outdoors, practicing yoga, and incorporating Pilates into my personal life.

## Fun Facts:

I've been playing the piano since I was four years old, and I have four furry cats who keep life lively and fun!